

# EMERGENCY MEDICAL INFORMATION

## AMBULANCE

FIRE OR  
POLICE

## 911

NURSE 24-HOURS A DAY

PHARMACIST 5PM TO 9AM DAILY

## 811

POISON CONTROL 24-HOURS A DAY 604-682-5050

Complete and post on your fridge

Name \_\_\_\_\_

Home Address \_\_\_\_\_  
\_\_\_\_\_

Phone Number \_\_\_\_\_

Care Card Number \_\_\_\_\_

Medical Conditions \_\_\_\_\_  
\_\_\_\_\_

Medications \_\_\_\_\_  
\_\_\_\_\_

Allergies \_\_\_\_\_

DNR Location \_\_\_\_\_

DNR means "do not resuscitate". It's an order that no CPR be given

Contacts: Relatives/Friends \_\_\_\_\_

Phone Number \_\_\_\_\_

#1 \_\_\_\_\_

\_\_\_\_\_

#2 \_\_\_\_\_

\_\_\_\_\_

Doctors \_\_\_\_\_

Phone Number \_\_\_\_\_

#1 \_\_\_\_\_

\_\_\_\_\_

#2 \_\_\_\_\_

\_\_\_\_\_

Other Pertinent Info (i.e. contact lenses, hearing aids, pets) \_\_\_\_\_

#1 \_\_\_\_\_

#2 \_\_\_\_\_



Resource Centre, Bowen Island

Phone: 604-947-9100

Forms are available at:

The Caring Circle, Cates Pharmacy, doctor's offices, the library & [www.caringcircle.ca](http://www.caringcircle.ca)